



# Private Swim Lessons – North Location

Swimmer's Name \_\_\_\_\_ D.O.B. \_\_\_\_\_ Age \_\_\_\_\_

You must create an account for your child, please the ask front desk staff.

Parent's Name (if lesson is for a minor) \_\_\_\_\_

Phone # \_\_\_\_\_ E-mail: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ ZIP: \_\_\_\_\_

Check here if you are a Bob's Gym Member

Check here if you are a Non-member

Members and Non-members: You must create an account for your child, please ask the front desk staff.

**Please circle the skill level you think best matches your swimmer's abilities.**

**Level I** Inexperienced swimmers that are unable to swim or float without assistance. Some at this level are uncomfortable in the water. Skills may include water awareness, water safety, entering and exiting the pool, kicking skills, breath control, submersion and jumping in to instructor.

**Level II** Swimmers that are comfortable in and under the water. Most are able to float unassisted at this level, they may or may not be able to swim or "paddle" unassisted. Skills at this level may include water safety, head bobs, rhythmic breathing, arm movements, floating on front and back, combining kicking and arms.

**Level III** Swimmers that are able to float unassisted on both front and back. These swimmers are able to swim short distances of 5 to 15 meters. Skills may include water safety, beginning stroke techniques for freestyle, elementary back, and backstroke.

**Level IV** Swimmers that have mastered "basic" swimming skills, they are able to skillfully swim distances of 25 to 50 meters. Skills may include water safety, stroke techniques for breaststroke, sidestroke and butterfly, sculling and treading water.

**Level V** Swimmers that have knowledge of all major strokes, they are able to skillfully swim distances of more than 50 meters. This level would focus strictly on enhancing stroke techniques with emphasis on speed and endurance.

\*If you are unsure about which level to select you may write in your own description.

**When are you available for lessons?**

Day: Monday Tuesdays Wednesday Thursdays Fridays Saturdays Sundays

Time: Mornings Afternoons Evenings Specific time range? \_\_\_\_\_

Member Prices, 30 minute lessons

Non-member Prices, 30 minute lessons

Private Lessons - \$20  
Package of 6 - \$114 (\$19/lesson)  
Package of 12 - \$216 (\$18/lesson)

Private Lessons - \$25  
Package of 6 - \$144 (\$24/lesson)  
Package of 12 - \$276 (\$23/lesson)

Semi-private Lessons - \$14 each swimmer  
Package of 6 - \$81 each swimmer  
Package of 12 = \$156 each swimmer

Semi-private Lessons - \$17.50 each swimmer  
Package of 6 - \$102 each swimmer  
Package of 12 - \$198 each swimmer

For more detail contact Aquatic Facility Manager, Severin Birchler 402-2627 ext. 1922 or e-mail Severin@bobsgym.com