



# Kids Fitness

Add ALL Children to Your Membership

## CHILDREN 7 YEARS AND YOUNGER

- May use the basketball court under adult supervision
- May use the swimming pool under adult supervision
- Not permitted in cardio and weight room areas

## CHILDREN 8-10 YEARS OLD

- May use the basketball court unsupervised
- May use the swimming pool under adult supervision
- Not permitted in cardio and weight room area

## CHILDREN 11-13 YEARS OLD

- May use the basketball court unsupervised
- May use the swimming pool, cardio and weight equipment under adult supervision
- May ONLY use the cardio and weight equipment unsupervised after trainer orientation
- May participate in Group X classes under adult supervision (\*Check front desk for exceptions)

## CHILDREN 14-17 YEARS OLD

- May use the basketball court, cardio and weight floor unsupervised \*\*\* trainer orientation is not required, but recommended for safety.
- May use the swimming pool with adult supervision
- May participate in any Group X class unsupervised



\* We provide complimentary trainer orientations for children ages 11 – 17 to cover fitness, gym etiquette, and instruct correct use of cardio and weight equipment.



# Kid's Klub Hours & Rates

Details Apply For All Bob's Gym Locations



## MORNING HOURS

MONDAY - SATURDAY  
8 A.M. to Noon

## AFTERNOON HOURS

MONDAY - THURSDAY  
4 P.M. to 8 P.M.

SUNDAY - Closed

## KID'S KLUB RATES

**Daily: \$5** per first child, **\$2** each additional child

(Pay at desk and give receipt to Kid's Klub staff)

**Monthly: \$19** - Add all children 21 & younger in your household to your membership - includes Kid's Klub

\* Available for children from 6 weeks to 10 years old. 2-hour time limit per visit.  
Attendants are not responsible for feeding or changing diapers.

