

Nursery Rules

1. The nursery is available for children from 6 weeks to 10 years of age. Parents with infants must bring an infant seat.
2. Nursery usage is limited to 3 hours per visit. Parents/guardians must be present in the facility to use the nursery.
3. All items brought into the nursery must be marked with the child's name. (Pacifiers, cups, bottles, etc.)
4. Only light-colored juices and water are allowed in the nursery. Sippy cups and bottles must be held by a nursery worker or otherwise placed inside a diaper bag.
5. When dropping off your child in the nursery please sign in on the log sheet using your first and last name, the child's name and your barcode number.
6. Nursery attendants are not responsible for changing diapers.
7. Any child who continuously displays disruptive behavior such as screaming, crying, fighting or biting will be required to leave the nursery. Please know that our staff uses a time-out procedure for disruptive behavior.
8. Unless prior arrangements have been made, the nursery attendant will only release your child to the individual who dropped them off. This is for your children's safety.

Bob's Gym & Fitness Center, LLC Sick Child Policy

Please keep your child at home if he/she shows any signs on the following

- A temperature of 100 degrees or above anytime in the past 24 hours. (Child should be fever-free without medication for 24 hours.)
- Vomiting or diarrhea anytime in the past 24 hours.
- A long-term (chronic) greenish nose discharge and/or chronic cough that has not been looked at by a physician. A doctor's note is needed stating the child is not contagious.
- A rash on any area of the body that has not been looked at by a physician.

Strep Throat: The child may not return to the nursery until he/she has been seen by a doctor and is on medication for at least 24 hours. A doctor's note is also needed stating the child is no longer contagious.

Pink Eye: The child may not return to the nursery until he/she has been seen by a doctor and is on medication for at least 24 hours. A doctor's note is also needed stating the child is no longer contagious.

A child with head lice, scabies, chickenpox, pertussis (whooping cough), mumps, measles, tuberculosis, or any other highly contagious condition must remain out of the nursery until treatment has been fully completed.